

The Bodhisattva Path of Care:  
Compassion & Skillful Means in Buddhist Counseling

**APPLICATION**

**Early Application Dates: 20 January - 31 Jan**

**General Application Dates : 1 February - 14 February**

**Admission Deadline 14 February**

**Applicants will be notified by 21 February**

*Please answer the following questions to the best of your ability.*

**Personal and Professional Background**

1. Personal Information

- Name:
- Email:
- Phone Number:
- Country/Time Zone:
- Identification Preferences:
- Emergency Contact:

2. What is your current profession or caregiver role? (e.g., counselor, social worker, ordained monk or nun, chaplain, mental health advocate, social justice worker, volunteer, etc.)

3. Where do you currently work or provide care services? (E.g., urban counseling center, field work, nonprofit organization, hospital, community center, private practice, temple, monastic community, etc.) If other, please specify.

4. How many years of experience do you have in counseling, mental health advocacy, spiritual advisor, or other caregiver role?

5. What type of populations do you primarily work with? (E.g., trauma survivors, families, children, students, adolescents, young adults (21-34), couples, the elderly, high-risk, refugees, other caregivers.)
6. What kind of challenges or distress are present for those you support (e.g., family trauma, cultural or war trauma, PTSD, anxiety, depression, substance use/addiction, loss and grief, suicide ideation)?

### **Motivation and Goals**

7. Why are you interested in participating in this training program?
8. What specific skills or knowledge are you hoping to gain from this training program?
9. How do you envision integrating Buddhist psychological perspectives into your caregiving or counseling practices?

### **Knowledge and Skills**

10. Are you familiar with Buddhist perspectives or practices? If so, can you briefly describe your awareness of or background in Buddhism.
11. What prior training or experience do you have in counseling or mental health support, social work, psychology, spiritual care, end-of-life care, community work?
12. Do you currently use mindfulness or self-care practices in your work or personal life? If so, please list them and provide brief examples.

### **Commitment and Expectations**

13. This program runs from March 17th, 2025 through June 30th, 2025 and requires investing approximately 7 hours weekly (2.5-hour online sessions with teaching team, 1 hour peer circle meeting, and 3.5 hours of review, study and assignments). The program will be held at the following times: 8:00 -10:30 pm (ICT, Bangkok), 9:00-11:30 pm (MYT, Malaysia), 6:30-9:00

pm (IST, India), 7:00-9:30 am (CST, US Central Time). *Can you commit to attending all sessions and engaging actively?*

14. Will you be joining class from the same location (e.g., office, work, home, school) each week? If not, please explain.
15. Do you have reliable internet access and the ability to use Zoom for online training meetings and peer circle meetings?
16. How did you hear about this program?
17. Please write two brief paragraphs to let us know more about you, your personal and professional motivation and interests, (Around 200 words is fine. 225 word limit.)
18. By completing and submitting this application form I am agreeing to and committing to invest 7 hours per week.